



Joint Health and Wellbeing Strategy 2015 – 2018



What is this leaflet about?



This leaflet tells you about the North Yorkshire Health and Wellbeing Plan.



It has been written by the North Yorkshire Health and Wellbeing Board.

This is a group of people who work together to keep us happy and healthy.



What do they think helps people to stay happy and healthy?



They think there are 5 things that help people be happy and healthy. This is what they are.



1. Connected communities.

This means helping people to have a good standard of living.

It also means helping people to have healthy places to live in.



2. Start well.

This means giving every child the best start in life.



3. Live well.

This means helping people to enjoy their lives.



4. Age well.

This means making sure everyone gets lots of help as they get older.



5. Dying well.

This means making sure everyone is looked after at the end of their life.



What is the Health and Wellbeing Board going to do?



1. Connected communities

They will help people work together to make their communities better.

They will help people to have better internet access.

They will look after people with dementia.

They will make sure people can be a volunteer if they want to be.



2.Start well

They will help new mums find out about breastfeeding.

They will help keep children safe from things like drugs.

They will also keep children safe from being abused.

They will help children to have good mental health.



3.Live well

They will help to stop people feeling lonely.

They will help people manage their own care.

They will also make sure people can choose where they want to live.

They will make sure people get the sort of support they need.

They will help people get better houses and get a job if they want one.

They will help people have more healthy lives.



4. Age well

They will make sure there are more health and social care staff.

They will make sure there are more places where people can go for help and advice.

They will make sure carers have more time for themselves.

They will help older people to stay in their own homes.

They will make sure there is more extra care housing.

They will help to support people all the way through their lives.



5. Dying well

They will make sure that people can die at home, if that is what they want.

They will make sure there are plenty of people who are trained to help people at the end of their lives.



How will the Health and Wellbeing Board make these things happen?

They will help all the health and care services work together.

They will make the best use of technology so they can provide the best services.

They will make sure our communities are places where people have a good standard of living.



Who will help the Health and Wellbeing Board make things better?

They will need lots of different sorts of people to help them.

They need everyone to work together.

This includes everyone living in North Yorkshire.



They want people who live in North Yorkshire to help themselves to stay healthy and happy.

They will also need people to help look after each other as well.

How will we know things are happening?



The Health and Wellbeing Board will meet four times a year.

They will check that things are being done.

They will have information on their website about what has been done.



How can I find out more?



The Health and Wellbeing plan is on the website

<http://www.nypartnerships.org.uk/jhws>



You can ring 01609 780780. This is the telephone number for North Yorkshire County Council.



You can send an email to

jsna@northyorks.gov.uk